

PEP Mission

To offer an in depth interactive child-managment skills building course led by professionals and trained parent peers having children with inherited bleeding disorders. To help parents obtain vital knowledge, skills, and abilities necessary while raising a child with an inherited, chronic, life and limb threatening medical condition.



A Child Management Skills
Development Course for
Parents of Children with
Bleeding Disorders

PEP
248-952-4737



PEP

Parents Empowering Parents



Bayer HealthCare
Pharmaceuticals

What is Parents Empowering Parents (PEP)?



The PEP program is designed to:

- Increase a parent's insight with regard to how a bleeding disorder can impact on their parenting experiences.
- Heighten a parent's ability to objectively and consistently respond to bleeding episodes AND behaviors at the earliest age possible.
- Enhance the therapeutic relationship between parent, child and treatment center staff.
- Allow parents to meet and form long lasting supportive relationships with other parents.
- Enhance and strengthen a parent's child management skills.



PEP

- Is not a therapy session.
- Will not force a parent to change what they are already doing.
- Is not the answer to all a parent's parenting/family struggles.

PEP...

- Is a skill building opportunity.
- Enables parents to put things in perspective.
- Provides a safe, confidential place for parents to learn and to be open and honest with other parents living in like-circumstances.
- Enables parents to reframe and reclaim their dreams, desires and preferences with regard to parenting and raising a family and their affected child.
- Provides help, hope and healing.
- Enhances a parent's understanding of his/her child's disease state, treatment and overall bleeding disorder.

Phone: 248-952-4737
Email: pep.suzanne@gmail.com

Link to us at:
www.pepprogram.org

Implementation

PEP can be customized to fit the needs of each bleeding disorder community. PEP is offered exclusively by local, *trained* facilitators; these facilitators are generally a nurse, social worker and/or trained PEP parent from a local treatment center or Chapter. Regional PEP Mentors offer support and council to each of the local PEP programs. Mentors are available to assist each local PEP team to form and develop.

